



KAISER WILDERNESS ADVENTURE

←..... 2012→

LEADER GUIDE

Dear Leaders:

The Kaiser Wilderness High Adventure program is an exciting, weeklong, out of camp trek that involves hiking, biking, climbing, fishing, horseback riding, and sailing. Staff guides will be an integral part of the group as they lead an adventurous trek into the Kaiser Wilderness backcountry. Participants should be prepared for the intensity of this adventure, which is, while very doable for a medium-leveled hiker, challenging in a fun and unique way.

Scouts who wish to participate in the Kaiser Wilderness Adventure (KWA) program can come with their unit or they can come by themselves, as a provisional (lone Scout) without their unit. The KWA staff will provide the required adult supervision.

For units that have younger Scouts, that are not quite ready for the High Adventure experience, we offer a great partnership with our merit badge camp, Camp Kern. This provides a great opportunity to fulfill both the needs of the new Scouts in your unit, without ignoring the more advanced experiences needed to retain your older Scouts.

Kaiser Wilderness Adventure program can accommodate up to twenty participants a week and is open to any registered Scout who is 14 years of age or older.

ABOUT CAMP KERN

Operated by the Southern Sierra Council, Camp Kern is located on Huntington Lake, one of the most famous sailing lakes in North America. Located 7,000 feet above the San Joaquin Valley in the high Sierra Nevada Mountains of California, the camp operates under a no-discriminatory special use permit issued by the USDA forest department.

Facilities include enclosed restroom and shower complexes, a dining hall, trading post, rifle, shotgun and archery ranges, a fabulous campfire bowl, nature trails, and unit sites with wall tents.

Opportunities for fun and adventure are endless. The barge ride over to camp is impressive, from the swell of the lake, to the views of the pine trees on the surrounding the mountain range. Camp Kern aquatics facilities are equipped for row boating, canoeing, sailing, motor boating, waterskiing, and swimming. The mountains are teeming with life and the campsites are surrounded with a various array of wildlife.

Camp Kern is rich in tradition. As one of the hallmark camps in the western United States, we achieve excellence in Scouting with a dedicated, hardworking, and professional summer staff, an army of volunteers, and a camp program that is designed to meet every Scout's camping goals. Teaching life skills, personal ethics, environmental responsibility, citizenship, and high moral values is at the core of the camping program.

NONDISCRIMINATION CLAUSE

Camp Kern does not discriminate against anyone on the basis of race, color, national origin, religion, sex, disability, or any other delineation of peoples.

KAISER WILDERNESS ADVENTURE

PROGRAM DESCRIPTION

- Sunday** Take swim check in the crystal clear waters of Huntington Lake, eat a hearty meal in the dining hall, pack backpacks for the following days hike (water bottles filled, packs packed), also pack daypacks for the bike ride on Wednesday as they can be shipped up for you from camp. Lastly, attend the opening campfire, and spend the night in camp underneath the beautiful pine trees.
- Monday** After a complete breakfast, take the barge across the lake; once there, begin hike to Mono Hot Springs, a natural hot springs located 20 miles from camp on the San Joaquin River. On the way, hike through beautiful wilderness, and spend the night at Portuguese Flats, a great half way point for the hike. While there learn proper water filtration techniques, get in a game of ultimate Frisbee, and cook dinner over a fire beneath the stars.
- Tuesday** Wake up bright and early, eat breakfast, and hike the rest of the way to the Mono Hot Springs passing through the beautiful Mono Meadows, and the gorgeous Tule Lake. Camp will be made in a pre-designated campsite at the Mono Hot Springs Resort Campground. Bring money if you would like to purchase any snacks at the store. The evening will be spent learning how to cook using Dutch ovens, relaxing in the hot springs, and fishing the river.
- Wednesday** Arise and eat breakfast, break camp, and mountain bike UP the Kaiser Pass road back to Huntington Lake (your gear will be driven back to camp by the ranger staff). This five to six hour bike ride will allow you to enjoy the beautiful, rugged scenery of the Sierras above 9,000 feet. Once at Huntington Lake barge back to camp and enjoy the rest of the day just relaxing at camp. After a good dinner, attend the commissioner campfires, and then get a good night's rest.
- Thursday** Wake up and pack your bags for another great adventure in the High Sierras. After eating breakfast, ride barge across the lake and make the hike to the D&F Pack Station. Saddle up onto horses and ride up to Kaiser Peak under the professional direction of the D&F Pack Station staff. Once at the peak, take in the awesome sights of the vast wilderness from 12,000 feet. After lunch on the trail, continue on to Nellie Lake where you will pass the remainder of the evening fishing, swimming, stargazing, and relaxing around the campfire.
- Friday** Arise bright and early, eat breakfast, and hike back to camp. Once back at camp, spend the rest of free-time sailing catamarans, shooting black powder rifles, getting a much needed shower, and relaxing after a week full of accomplishment. After free-time, eat dinner and receive a good dose of entertainment at the closing campfire.
- Saturday** After a great week in the High Sierras, pack your gear, eat breakfast, and prepare to head back down the mountain to your home.

****Plan B Schedule is dependent on the weather ****

- Thursday** If snow pack impedes trail to Kaiser Peak and Nellie Lake, the horseback ride will be cut to a day ride, in which the horses will be ridden to Potter's Pass, and then scouts will hike the ridge line to the top of the southern peak of Potter's Pass, where they will have lunch while viewing Rancheria Falls.
- Friday** Spend the morning learning about the mechanics and experiencing the thrill of sailing a 16' Hobie Catamaran. You will be taught the mechanics and then expected to demonstrate what you have learned in class so pay attention! That afternoon you will spend your time at a natural rock face learning proper belaying technique, how to tie several different climbing knots, basic climbing safety, and of course, how to show off your climbing skills. After that enjoy dinner and be entertained by our closing campfire.

GENERAL INFORMATION

CAMP CONTACTS

Throughout the process of preparing for camp, you may need to contact individuals associated with Camp Kern. The following is a list of whom to contact and the best way to reach them:

Camp Registrar: Carolyn Zullo Phone: 661-325-9036 Fax: 661-325-2122
E-mail: czullo@bsamail.org

Camp Director: Dave Hopkins Phone: 801-589-0587
E-mail: dave@campworksinc.com

Camp Website: www.sscbsa.org (click on "Council Camps")

Camp Phone Numbers: (June 18 – Aug. 10 only)
Business phone: 559-893-3387
Fax: 559-934-4202

Camp Mailing Address:
Scout / Adult Leader Name
Unit Number / Week #
Camp Kern, B.S.A.
PO Box 348
Lakeshore, CA 93634

Camp Emergency Phone Number: 661-325-9036 ext. 110, 111

SESSION DATES

Week 1: July 1 – 7

Week 2: July 9 – 14

Week 3: July 15 – 21

Week 4: July 22 – 28

Week 5: July 29 – August 4

Week 6: August 5 – 11

CAMP FEES

Youth: \$380 (Out of Council \$390)
First 2 Adults: \$195 (Out of Council \$195) Price is for units that sign up as a group (min 6).
Additional Adults \$380 (Out of Council \$390)

PAYMENT SCHEDULE

Camp Reservation \$150.00 per unit, per camp session
January 13, 2012 Camper Confirmation of \$50.00 per youth/Adult
February 24, 2012 \$150 per camper and additional leader, plus \$75 per 2 adult leaders due
April 20, 2012 Remaining Troop Balance Due
April 23, 2012 \$30.00 Late Fee per camper not paid in full

ADULT LEADERSHIP

In accordance with the policy of the National Council, Boy Scouts of America, the Kaiser Wilderness Adventure requires that a minimum of two registered adults, male or female, provide leadership to their unit if the unit registers as a crew. The leader must be 21 years of age and an assistant must be 18 years of age or older. Each trail crew will be lead by a certified trek ranger and appropriate adult leadership will be provided if the trail crew is only comprises of provisional (lone campers).

REFUNDS

The \$150.00 reservation deposit is non-refundable.

Because the Southern Sierra Council must begin making financial commitments for staff, trek rides, supplies, etc. many months prior to the camp sessions, all participants are required to make a financial commitment to summer camp of at least \$50.00 by the deposit deadline. This per person camper confirmation deposit is non-refundable, but may be applied to an *additional* camper from the same unit, as long as the total number of youth scheduled to attend does not decrease.

If the camper confirmation deposit is not made by the deposit deadline, the unit will be charged in full for the number of reservations claimed on the original camp reservation.

The Council reserves the right to cancel the reservation if payments are not received in full by each of the payment schedule dates, and to adjust campsites or to add another unit to the campsite if campsite capacity is not met by the number of camper confirmation payments.

All fees become non-refundable after the full payment deadline. Individual fees, however, may be refunded at the discretion of the Southern Sierra Council in the following cases:

- camper/family emergency - serious illness, death or out-of-the-area relocation
- required summer school during the camp session

There will be a cancellation fee of \$150.00 per camper; no exceptions.

Only the Unit Contact Person may make a refund request. Please provide the following information.

- unit type and number and district
- name of camp attended
- camp session attended
- reason for refund

Refund requests must be received at the Council Service Center in Bakersfield no later than **August 31st**. No refunds will be considered for requests received after this date. Refunds will be made payable to the unit only. **It is the responsibility of the unit leadership to understand and abide by the Council Refund and Resident Camp Fee policies.**

MAIL SERVICE

You may receive mail at Camp Kern from friends and family. Please encourage them to mail these things well in advance of your time at camp to ensure their arrival during your scheduled week. Mail should be sent via the United States Postal Service to:

Scout Name	*Mail that is not picked up by members will be returned to the sender or to the Southern Sierra Council office.
Unit Number (Week Number)	
Camp Kern, B.S.A.	
PO Box 348, Lakeshore, CA 93634	

UNIFORMS

Scouts and Leaders are asked to wear the complete BSA Scout uniform during evening meals, campfires, religious services, retreats and other ceremonies while in base camp.

WEATHER

The Wildness Adventure is located in the high Sierra Nevada Mountains. Treks can peak at a little over 10,000 feet in elevation. Our summers are usually mild; but there are times in the evening and early morning when the temperature drops, so BE PREPARED. Bring warm clothes and good rain gear.

SMOKING AREA

Leaders may smoke out of sight of youth members in designated smoking areas while at base camp. Along the trail or in program areas, please remove yourself from the group. We ask that you please remember to set a proper example at all times.

ARRIVAL / DEPARTURE PROCEDURES

TRAVELING TO CAMP

Each unit is responsible for furnishing its own transportation to and from camp. Each Scout must have a signed Parent Authorization for Trip/Activity Medical Treatment for travel to and from camp. This signed form should be given to the driver of the vehicle in which that Scout rides, and collected by the unit leader on arrival at camp.

Traveling to camp in caravans is discouraged. Arranging for several checkpoints en route is preferable. Use cell telephones or CB radios in the front and rear vehicles to maintain contact during the trip. Most importantly, make sure everyone has had a good meal and plenty of rest before making the trip to camp. Units traveling distances of more than two hours should plan at least one rest stop on their way to camp. Remember, in most cases the first meal the Scout will have could be as much as six hours after arrival at camp. Make sure your Scouts are physically prepared for the day.

Under NO circumstances are youth or adults to ride in the backs of trucks, trailers, or campers.

PARKING

Vehicle parking is restricted to the Boy Scout parking lot only. The parking lot has limited space and is shared with another Scout property. Where possible, please back into parking spaces. DO NOT park in the Rancheria Marina parking areas. Your vehicle may be ticketed or towed at the owner's expense.

PACKING YOUR GEAR

We recommend one bag per person, and that it is a backpack, military style duffel bag, or another type of soft bag. No personal equipment should be attached to the outside of bags. Please do not pack items that could break easily. All fishing poles should be well-marked in a separate, hard case.

Luggage will likely pass through many hands before it ends up in your campsite, so it is **extremely important** that your entire luggage is clearly marked with at least your unit number. It might not be a bad idea to include contact information, as well. Any personal items that are left at Camp Kern will be taken to the Southern Sierra Council office. Camp Kern and/or the Southern Sierra Council are not responsible for lost, stolen, or damaged articles while in transport or while in camp.

Note: Do not pack medical forms, fee payment receipts, or other check-in materials (e.g. unit rosters, permission slips, etc.) The unit leader should carry these items with them into camp.

CHECK-IN/CHECK-OUT:

Check-in begins on 2:00 p.m. on Sunday. All Scouts meet at the Scout Dock with their gear. A camp staff member will gather the unit together and load equipment on the barge to check in at camp. Check-out begins on Friday evening so units may get an early start on Saturday travel. Check out instructions will be given at camp.

CAMP FACILITIES

FOOD SERVICE:

While in base camp, the Kaiser Wilderness Adventure participants will use the camp dining hall which serves cafeteria style meals. The backcountry crew may be asked to participate in food service duties that will help expedite the meal time process. All trail meals will be cooked by individual crew members. Cooking equipment, food, serving utensils, etc. will be supplied by the camp.

LAUNDRY FACILITIES

There are no laundry facilities available for campers at Camp Kern. There are, however, staff laundry facilities onsite. Should a camper have an “accident” or another reasonable cause, special arrangements may be made to ensure a safe and sanitary environment.

TELEPHONES AND PHONE USE

Outgoing personal calls are not allowed on the camp telephone except in the case of an emergency. Some cellular service providers have excellent coverage at Camp Kern, namely Verizon and Sprint; AT&T does work in limited parts of camp.

There is no public phone available. If campers wish to contact their parents they need to use either their own or one of their adult leaders’ cell phones. Any leader bringing a cell phone can charge it in the business office on the power strip provided. Do not bring your own power strip. All leaders charging cell phones do so at their own risk. Camp Kern is not responsible for cell phones that are lost or stolen. Although we leave it to your discretion, we recommend that Scouts do not bring cell phones to camp.

EQUIPMENT & CAMPSITES

When you arrive at base camp you will be assigned a tent in our “Tent City”. The tents that will be provided will be clustered together in order to keep your unit as one group.

- Base Camp equipment provided by Camp Kern:

Two Man Wall Tents	Flush Toilets	Shovels	Camp Kern does not supply cots or sleeping pads
Tent Platforms	Toilet Paper	Rakes	
Picnic Tables	Private Hot Showers	Bulletin Board	
Camp Fire Circle	Unit Locker		

- Trail Equipment provided by the KWA program:

Trail Tents Trail	Stoves	Bear Bags	Aquatic Gear
Cook Kits	Cooking Fuel	Trail meals	Mountain Bikes
Chef Kits	First Aid Kits	Maps	Climbing Equipment
Bike/Equestrian Helmets			

SUGGESTED UNIT EQUIPMENT

Unit Flag	Scout Field Book	Supply of Rope or Line	Optional (you wish to use your own) Backpacking stoves and tents
First Aid Kit	Electric Lantern	Folding Chairs	

DAMAGED EQUIPMENT

It is expected that Scouts will properly take care of all equipment they use. Sometimes, however, equipment gets damaged and needs to be repaired or replaced. If members of your unit damage camp equipment due to misuse or negligence, the cost of repairing or replacing any damaged equipment is expected to be settled before your unit leaves camp.

Please report any damage of camp equipment to the camp staff. In the event damages are discovered after your departure from camp, an invoice will be sent to your unit for payment. When a Scout causes damage, whether it is intentional or not, it will be charged to the Scout or unit.

CAMP HEALTH

The Kaiser Wilderness Adventure program involves many different outdoor activities such as hiking, mountain biking, horseback riding, and climbing. It is necessary that participants be in fairly good shape. Participants should not come to camp expecting to get in shape over the course of the week, but should prepare accordingly beforehand through training and physical exercise. In addition, participants should begin drinking more water approximately two weeks prior to their arrival. This will help combat any issues that may arise from being in high altitude.

SAFETY IS FIRST

The safety of your crews and our staff is the NUMBER ONE PRIORITY at the Kaiser Wilderness Adventure and Camp Kern. Each of our Trek Rangers is trained in mountain safety and emergency procedures and is experienced mountain trekkers. All guides are currently certified in First Aid and CPR. All guides and Rangers carry radios for emergencies. It is important that everyone understand the effect that natural conditions here in the high country have on our program! The Kaiser Wilderness Adventure staff may cancel or cut short any high country trek, climb, or any other program activity if dangerous storms or other dangerous conditions exist. Your safety must come first!

MEDICAL INFORMATION

All participants who come to camp **must** have a current BSA Annual Health and Medical History. Medical evaluation must be performed by a physician licensed to practice medicine and must be current within 12 months (BSA Annual Health and Medical History form can be downloaded from the Southern Sierra Council website). The approved medical form also contains an authorization form for medical treatment. The parent of all minors **must** sign this medical form. All Scouts and adults will go through medical rechecks and evaluations by the camp health officer during the swim-check process.

Each unit is required to carry adequate and proper liability and health insurance. Please prepare to verify that each camper is protected and brings a copy of his insurance card or numbers in case of an emergency while at camp. Units and Crews who are not members of the Southern Sierra Council must bring proof of accident and sickness insurance from their local council.

Our Health Lodge is equipped with supplies to handle most injuries in camp. A licensed first responder, EMT, nurse, or physician will usually be on site 24-hours a day to handle such emergencies. Serious injuries, which require immediate advanced medical support, will be handled by the paramedics at Huntington Lake, who are never more than 10 minutes away from Camp Kern. For less serious injuries, but which still require medical attention, unit and unit leaders will be responsible for transporting the injured person to the nearest medical treatment facility.

Practitioners of the Christian Science faith must provide the camp with a written letter from their practitioner.

NO MEDICAL EXAMINATION – NO CAMP!!!! NO EXCEPTIONS!

FIRST AID

The Health Lodge is designed to meet the medical emergency needs of our campers. All injuries will be reported and properly recorded. We are ready with emergency support and will make necessary contact with the emergency medical response team in Lakeshore in cases that require such medical attention. Due to the high cost of over-the-counter medicine, such medicines will only be distributed from the health lodge in emergency situations. Persons who have non-emergency medical situations will be sent to their unit medic for assistance. Some medications for common ailments (i.e. colds, headaches, sore throats, coughs, etc) will be sold in the trading post, but it is highly recommended that all units come to camp equipped with a well-stocked first-aid kit. Over the counter medicine will be sold to adults only.

PRESCRIPTION MEDICATIONS

There are three options regarding dispensation of prescription medications at camp.

- Parents at camp are entitled to distribute medication to their own children.
- An adult who is designated as the unit medic can be responsible for dispensing unit medications.
- If you would like, the camp medical officer will assume the responsibility of dispensing medication.

In any case, all unit medications should be locked up in a container which is accessible to adults only. Any medications that require refrigeration must be checked with and dispensed by the camp health officer. Medications such as inhalers, EpiPens, insulin, etc. should be carried on the person who uses the medication

In an effort to make the administration of medication as smooth as possible, we ask that you have parents fill out the attached medical administration form. If the health officer will be dispensing your units' medications, this form must be turned in upon arrival at camp.

SPECIAL NEEDS

Scouts with special medical concerns:

- ◆ Must have a written record of the nature of ongoing treatment and care.
- ◆ May be required to have a parent accompany the Scout to camp.

Special dietary needs of Scouts or adults: If you have special dietary needs, such as allergies or religious observances, while at camp, please let us know in writing and/or by telephone at least two weeks before your arrival. We are happy to do what we can to meet your needs; however, since food is purchased in large quantities, those with very restrictive diets (e.g. gluten allergies) will need to make arrangements to bring specialty items to camp. Arrangements will be made to store and prepare foods brought to camp for those individuals

Religious Waivers: in keeping with established policy, it is understood that there may be instances where the medical examination policy is in violation of the religious convictions of the individual. The requirement is waived with a written statement from the camper/camper's parents and proper church officials that a definite violation of religious conviction is involved.

PHYSICAL CONDITIONING:

Physical Conditioning: To enjoy your high adventure experience, it is very important that you are in good physical condition before you arrive at camp. Your high adventure trek will take you to altitudes just above 10,000 feet. The high altitude can be hard on anyone and this needs to be recognized – not feared. The best thing your unit can do to avoid altitude problems is to physically train for this experience. There are many good books and articles on how to accomplish this. We recommend Chapter 9 of the Boy Scout's *Fieldbook* "Becoming fit". If your unit does not already have this book, it is a valuable manual. Like other wilderness areas, the Kaiser Wilderness Adventure is not risk free and you should be prepared to listen to safety instructions carefully, follow directions and take appropriate steps to safeguard yourself and others.

Parents, guardians and potential participants in high adventure programs are advised that journeying to and from KWA, can involve exposure to accident, illness, and/or injury associated with a high elevation, physically demanding, high adventure program in a remote mountainous area. Campers may be exposed to occasional severe weather conditions such as lightning, hail, flash floods and heat. Other potential problems include: injuries from tripping and falling, falling into the river, getting caught in currents and striking rocks, motor vehicles accidents, worsening of underlying medical conditions such as diabetes or asthma, heart attacks, heat exhaustion and high altitude sickness.

PARENTAL FIREARM* AUTHORIZATION FORM

I give consent for _____ of Unit # _____, who is my son/daughter or ward, to use the following equipment offered at Camp Kern:

Please check all that apply

- Archery
- BB Guns
- .22 Rifles
- Shotguns
- Black powder (14 yrs or older)
- Horseback Riding
- Climbing/Rappelling
- Watercraft (catamaran, sailboats, windsurf boards)

I, the undersigned parent or legal guardian do hereby authorize the Southern Sierra Council to furnish firearms, archery, and other appropriate equipments as marked, to the minor named herein for the purpose of instruction in the safe handling and shooting of firearms, target shooting and related activities under the supervision of the appropriate Area Director staff.

This authorization will remain in effect for said minor while he is participating in any Boy Scouts of America program or activity related to firearms, unless revoked in writing by the undersigned and said revocation personally delivered to the Council Service Center.

Parent/Guardian's Name _____ Date _____

Phone Number (H) _____ (W) _____

Parent/Guardian's Signature _____

*California Penal Code Section 12522:

S12551. Furnishing Firearm To Minor Under 18 Without Permission of Parent. -- Every Person who furnishes any firearm, air gun, or gas operated gun, designed to fire a bullet, pellet, or metal objective, to any minor under the age of 18 years, without the express or implied permission of the parent or legal guardian of the minor, is guilty of a misdemeanor.

PHOTO RELEASE

I hereby give permission for the Southern Sierra Council and CampWorks, Inc. to use pictures taken of me and/or my son for the promotion of the Scouting program in the Southern Sierra Council and throughout the United States.

Full Name of Participant: _____ Address: _____

Signature of Participant: _____ Date: _____

Or

Father/Guardian Signature: _____ Date: _____

Mother/Guardian Signature: _____ Date: _____

CAMP MEDICAL ADMINISTRATION FORM

Name of Scout: _____ Unit #: _____ Dates attending: _____

Medications to be administered: _____

In the schedule below, please mark when each medication is to be administered:

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning							
Afternoon							
Evening							
Bedtime							

If you have any medications that must be taken at a specific time or at a time that is not listed in the chart above, please note it here: _____

Note: It is BSA policy that all medications be stored in a locked container and administered by the camp health officer. Adult leaders are highly encouraged to keep a copy of this medical administration form and to be present during the administration of their Scouts' medications.

PERSONAL GEAR FOR SCOUTS AND LEADERS

- ◆ High Sierra weather is unpredictable in the summer months and may change quickly. Bring clothing appropriate for heat, cold, and rain. Remember to wear layers when needed.
- ◆ Scouts wear full uniforms at evening flag ceremonies and dinner while in base camp.
- ◆ Be sure all personal items are marked with full name and unit number. Neither the adult volunteers, the camp, the council, nor the camp staff are responsible for lost or misplaced items.
- ◆ A large majority of your time will be spent hiking the rugged terrain; the hikes take multiple hours and the elevation gains are great. **BE PREPARED!** It is important to pack lightly, and it is suggested that you pack all of your gear into an internal framed backpack. All of your heavy gear, as well as the climbing and biking equipment will be shipped to Mono and Nellie lakes for you. The following is a suggested list of what to bring on your High Adventure:

CLOTHING

Bandana
 Broad Brim Hat
 BSA Uniform
 Gloves (for climbing)
 Hiking Boots (well worn and ready for hiking)
 Old tennis shoes/water socks for swimming
 Pajamas or sweats
 Rain Suit (lightweight pants and jacket)
 Socks (1 pair per day, wool preferred)
 Sweater, jacket, or sweatshirt
 Swim suit and towel
 T-shirts
 Underwear (1 pair per day)

<i>For Bike Ride—</i>	<i>For Horseback Trek—</i>
Shorts	Long Pants/Jeans
Tennis Shoes	Long Sleeve Shirt

CAMPING GEAR

Air mattress/cot (optional for base camp)
 Backpack (lightweight, durable, well-packed, and checked and tested with weight limits)
 Closed-cell Foam pad
 Day pack (for Bike Ride)
 Flashlight, extra bulb/batteries (waterproof)
 Ground cloth
 Matches (in waterproof container)
 Mess Kit
 Nalgene water bottles or camelback (preferred)
 Pillow (optional)
 Sleeping bag (15 to 32 degree)

TOILET KIT

Toothbrush and toothpaste
 Sun screen (15 SPF or greater)
 Soap (biodegradable)
 Lip balm (with SPF)
 Insect repellent/lotion (non aerosol)
 Deodorant
 Shaving gear (as needed)

PAPERWORK (Signed, dated)

BSA Health Form
 Trip/activity medical permission slip
 Shooting Sports permission slip

VERY IMPORTANT

Prescription medications
 Sack lunch for drive to camp
 Lunch money for return from camp

OPTIONAL ITEMS

Bible/prayer book
 Binoculars (waterproof)
 Camera and film
 Compass
 First aid kit with Moleskin
 Fishing pole, tackle and bait
 Money for trading post (\$20-\$40)
 Pen, pencil, notepad for Trail Journal
 Pocket knife/multi-tool (with Totin'Chit card)
 Reading materials
 Sewing kit
 Sunglasses with neck cord
 Watch (waterproof)
 Whistle on cord

UNAUTHORIZED EQUIPMENT

Hunting bows, crossbows, arrows
 Firearms, ammunition, Cap guns
 Fireworks
 Illicit drugs / Tobacco products
 Alcoholic beverages
 Knives with blades longer than 3"
 Fixed blade, sheath knives
 Open toed shoes / Flip Flops
 Expensive jewelry
 Electronic devices
 Animals-brought to or from camp

FORMS REQUIRED AND CHECK IN PROCESS

There are a number of forms--for the group as well as for individuals--required for camp attendance. Overall suggestions for successful forms management include:

Recruit a leader whose only role is to disperse and track forms required for camp.

Read and complete each form carefully.

Ensure that authorized signatures are obtained as required.

The following forms are required for camp:

Unit Forms

- Tour Plan Application.** Available at a Council Service Center. Submit the form to your local Council Service Center at least **2 weeks prior to your departure**. The last two pages approved by the council will be requested when you check in at camp.
- Camp Roster.** List all youth and adult campers, with emergency contact names and telephone numbers. Bring 3 copies to camp (one for the Director, one for the Medical Staff and one for yourself)

Individual Forms

- Personal Health and Medical Record.** Available at all Council Service Centers and on the Internet at www.Scouting.org. Every camper must have a health form. See the Health section of this camp guide for further information.
- Parent Authorization for Trip/Activity Medical Treatment.** Provides leaders transporting boys to camp permission to treat them. This form should travel to camp in the same vehicle as the camper, not be held together by the tour leader. It is the one form in this packet that should **not** be handed in at camp. The unit leader should collect them on arrival and hold them for departure.
- Parental Firearm Authorization Form - Consent for Minor to use Firearms, BB Rifles and Archery Equipment.** Must be completed by a boy's parent or legal guardian in order for him to shoot rifles, shotguns and bow and arrows.
- Horseback Riding Waiver.** Each participant must have a signed waiver in order to participate in the horseback ride to Kaiser Peak and Nellie Lake. This program is being offered in conjunction with D & F Pack Station at Huntington Lake. Along with D & F's stringent safety guidelines, the station has also complied with BSA rules and regulations and camp operating standards.

The speed of your unit's check in will be greatly improved if:

- All forms** (tour permit, camp rosters, youth protection training, Scouts and adult medicals, shooting sports permission) are **organized by type and readily available**. Since the forms are processed and used in different locations at camp, have all medical forms, all shooting sports permission slips, etc. grouped together rather than by individual camper.

PARENT AUTHORIZATION FOR TRIP/ACTIVITY AND MEDICAL TREATMENT

I, the undersigned parent/guardian of _____
(Scout)

authorize his participation in the Southern Sierra Council summer camp program at
_____ on _____,
(Name of camp) (Dates of Camp)

including travel to and from camp by motor vehicle. I understand the trip/activity will be under
the general supervision of _____.
(Registered Adult Leader's Name)

In case of emergency, I understand reasonable effort will be made to contact me. In the event I cannot be reached, I authorize the physicians or hospitals selected by the adult leader to provide medical treatment, including, without limitation, hospitalization, anesthesia, surgery, medication by injection or otherwise, and release to the adult leader.

(Signature of Parent/Guardian)

(Date)

(Address)

(24-hour Emergency Phone Number)

(Medical Insurance Co.)

(Policy Number)

D&F PACKERS, LLC

RELEASE, ASSUMPTION OF RISK, WAIVER & INDEMNIFICATION THIS DOCUMENT WAIVES IMPORTANT LEGAL RIGHTS - PLEASE READ CAREFULLY

The undersigned Participant or Parent/Legal Guardian, or heirs, personal representative or assigns (hereinafter also sometimes referred to as "I", "me", "my") being under no restraint and of my own free will, do agree to indemnify and save and hold harmless D&F PACKERS, L.L.C., including but not limited to any of its owners, agents, instructors, employees, volunteers and all other persons connected with D&F PACKERS, L.L.C., (hereinafter collectively "D&F PACKERS") from and against any and all losses, claims, actions, or proceedings of every kind, nature or description which may be presented or initiated at any time hereafter to recover money, property, or damages for any injuries to persons, or any damage to property suffered or incurred at the D&F PACKERS facility, during the preparation for horseback riding, and any time spent at D&F PACKERS subsequent to the riding, or arising directly or indirectly from my participation in any of the equine-related activities including but not limited to, tacking, mounting, dismounting, and riding (hereinafter "THE ACTIVITY") at D&F PACKERS.

1. **Acknowledgement of Inherent Risks of Equine Activities Assumption of Risk.** I AM FULLY AWARE AND ACKNOWLEDGE THAT THE ACTIVITY IS **HAZARDOUS** AND INVOLVES INHERENT DANGEROUS RISKS OF ACCIDENT, LOSS, EMOTIONAL PAIN AND SUFFERING AND SERIOUS BODILY INJURY INCLUDING, BUT NOT LIMITED TO, BROKEN BONES, HEAD INJURIES, SPINAL INJURIES, TRAUMA, PAIN, SUFFERING, OR POSSIBLY EVEN DEATH (hereinafter "HARM"). I am aware that there are numerous inherent known and unknown risks of equine activities, whether preparing for, entering, attending, participating in, or leaving THE ACTIVITY. The inherent risks include those dangers and conditions which are an integral part of all equine activities, including, *but not limited to:* (a) the propensity of a horse or other animal to behave in ways that may result in injury, harm, or death to persons on or around them; (b) the unpredictability of the horse's reaction to such things as sounds, sudden movements and unfamiliar objects, persons or other animals; (c) certain hazards such as surface or subsurface conditions; (d) collisions with other animals or objects; (e) the potential of the Participant or another participant to act in a negligent manner that may contribute to injury to me, or others, such as failing to maintain control over the equine or not acting within his or her ability; (f) the breakage or failure of tack or other equipment including failure and improper sizing of protective gear; and (g) the potential that a horse or other animal may cause injury or harm to the rider or other persons or animals in the vicinity (the "RISKS").

I am not relying on D&F PACKERS to list within this document all possible inherent risks or all risks of participating in THE ACTIVITY. PROTECTIVE HEADGEAR ACKNOWLEDGMENT: I acknowledge that I have been advised of the RISKS of the ACTIVITY and was offered a protective helmet by D&F PACKERS and I choose (**X to wear/** **N/A not to wear**) the protective helmet. I nevertheless agree to release and hold harmless D&F PACKERS from all liabilities arising out of the RISKS or the ACTIVITY contained herein despite my decision to wear the protective helmet or not.

2. **Waiver and Release of Liability.** With full knowledge and appreciation of these and other inherent risks associated with equine activities and THE ACTIVITY, I freely and voluntarily assume the risks of the equine activities involved in any aspect of them. In this connection, I also voluntarily agree to waive any and all rights to sue and hereby release D&F PACKERS from all liability, loss, claims, or actions for injury, death, expenses, or damage to person or property resulting from the inherent RISKS of THE ACTIVITY, or resulting from any action or inaction by D&F PACKERS. This waiver and release is effective to release D&F PACKERS from strict liability or if the injury, death or damage to person or property is caused by, or contributed to by, actions or failure to act of D&F PACKERS and which actions or inactions constitute ordinary negligence or a violation of any applicable law pertaining to equine activity liabilities. Neither myself nor my representatives shall make any claim against, maintain an action against, or recover from D&F PACKERS, its sponsors, directors, officers, members, employees, agents, volunteers, representatives, designated officials, or others acting on their behalf for injury, loss, damage or death of the myself, to my horse, or to my personal property (*regardless of ordinary negligence by D&F PACKERS or regardless of an alleged violation of an applicable equine activity liability law*). I acknowledge that I (**am/** **am not**) married and that my spouse is aware of my involvement in this horse related activity and that he/she consented to the terms and conditions of this Agreement.

3. **Indemnification.** I AGREE to indemnify (that is, pay any losses, damages, or costs incurred by) D&F PACKERS with respect to claims made by others for any HARM or property damage caused by D&F PACKERS, me, my agents, employees, associates, invitees or my animal(s) at THE ACTIVITY. If I am a parent or guardian of a minor participant in THE ACTIVITY, I consent to my child's participation and agree to all of the above provisions and agree to assume all of the obligations of this RELEASE, ASSUMPTION OF RISK, WAIVER AND INDEMNIFICATION on the child's behalf. BY SIGNING THIS AGREEMENT AND INITIALING THE PROTECTIVE HEADGEAR ACKNOWLEDGMENT AND WAIVER ABOVE, I acknowledge that I have read, understand, and agree to the above terms and conditions.

PARENT/GUARDIAN

PARTICIPANT

Signature: _____ Date: _____

Signature: _____ Date: _____

Print: _____

Print: _____

KAISER WILDERNESS ADVENTURE

WEEK AT A GLANCE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
8:00		HIKE TO MONO HOT SPRINGS	HIKE TO EDISON LAKE	BIKE TO CAMP	PACK BARGE	HIKE BACK TO DOCKS	
8:45					HORSEBACK RIDE TO NELLIE LAKE VIA KAISER PEAK*	RETURN TO CAMP	7:00 ALL LUGGAGE MUST BE AT PARADE GROUNDS.
9:00			FISHING & SWIMMING				BARGE TO LAKESHORE
12:00		LUNCH ON TRAIL	LUNCH	LUNCH AT CAMP KERN	LUNCH	LUNCH	
1:00			ROCK CLIMBING				
2:00	CHECK IN AT LAKESHORE	MONO HIKE			ROCK CLIMBING	2:00-5:00 FREE TIME IN CAMP	
3:00	3:30 ARRIVE AT CAMP KERN		FISHING				
5:00	5:15 DINNER		DINNER	5:30 DINNER	DINNER	5:30 DINNER	
6:30	ORIENTATION	SERVICE PROJECT					
7:00	SWIM CHECK	DINNER		7:30 FLAG CEREMONY & COMMISSIONER CAMPFIRE		7:30 FLAG CEREMONY & CLOSING CAMPFIRE	
8:00	SCOUT OWN RELIGIOUS SERVICE	EVENING PROGRAM	RELAX IN HOT SPRINGS		EVENING PROGRAM		
8:30	FLAG CEREMONY & OPENING CAMPFIRE		EVENING PROGRAM				

* Dependent on the weather